Vikings Ski Race Club

Club National & U10/12 Race

Supported by The Suffolk Leisure Park (Ipswich)

Sunday 4th June 2023

Suffolk Leisure Park, Bourne Hill, Ipswich, IP2 8NQ

Organisation:

The race is being organised by Vikings Ski Race Club and supported by The Suffolk Leisure Park (Ipswich). The Vikings are pleased to acknowledge the support of ERSA. We would like to thank the management and staff of The Suffolk Leisure Park and all volunteers for their assistance in helping with the event.

Entry Criteria

The Club National is a special slalom of three runs down the same course, and is open to Home Nation registered racers in the following categories: U14, U16, U18, U21, Senior, and Masters. Prizes will be awarded based on the aggregate of beter time from either runs 1 or 2 plus the time from run 3. Racers with the highest seed points take priority if the race is over-subscribed. If oversubscribed unregistered racers will be excluded first followed by those entrants with the lower seedpoints. It is very unlikely late entries will be accepted. Numbers will be limited.

Race entry closes Friday 26th May or if at capacity before.

There will also be an U10/U12 race. The format for this event will be 3 runs through a stubbies course, of which the fastest of the three runs will count for prizes

Race entry Fee £26.00. enter on the Snowsport England entry system
Snowsport England Ski Racing and Competition Management System

Race office will open at 0800hrs in the "Model Car Club",

Bib Issue will be in the "Model Car Club" from 0845h.

NB: The race course will bet set as a "Single Pole Course", BACR *804.1 Single-Pole Slalom*

Race Secretary
Ian Welsh
Park House
Tattingstone
Ipswich IP9 2NF
suffolkvikings@gmail.com
07711069544

Child Welfare Officer
Adam Hunter

Chief of Race
Chris Shelley
chrisshelley4@gmail.com
07711 898990

Start Order

For the 1st and 2nd runs, the top 15 seeded competitors will be drawn with registered competitors seeded 16 onwards running in seed point order. Non seeded registered racers will be drawn for start order followed by unregistered racers, both drawn at random. For the third run the start order will be based on the time from the first two runs with the fastest going last. This seed list can be found on the web site www.gbski.com. The start lists will be published on www.gbski.com and www.ersa.co.uk

For the Under 10 and under 12s the start order will be randomly drawn, with the girls going first followed by the boys. The same start order will be used for each run.

Programme

The times given below are provisional and may be altered if required in order to meet the timescales. Every effort will be made to keep to the published schedule; however the organisers reserve the right to amend the schedule as appropriate. Please listen carefully to commentators announcements.

Provisional timetable: Updated when numbers are confirmed. Start open practice at 0900h

08.45	Race office opens for registration and bib issue
09.00 - 9.45	Open Practice
09.15	Race Officials Meeting
09.45 - 10.15	Course Setting
10.15 - 10.45	Course Inspection (U14+)
10.50	First Run
	U14+ Race through full poles
11:30	Change poles to stubbies
11:35-11:55	U10/U12 Course Inspection
11:55- 12:15	U10's / U12's Race through stubbies and U12's go immediately back to the top ready for 2nd run.
12.15	Second Run (Same order as first) U10's / U12's Race through stubbies Change to full poles U14+
	Race through full poles Change poles back to stubbies
13:00 - 13:30	Break, first two runs protocol, produce 3rd run start list.
13.30	Third Run
	U10's / U12's Race through stubbies in bib number order
	U14+ race through full poles in Reverse time order, slowest first
14:30	Racing Concludes
15:00	Prize Giving

Race Rules

The race will be run under F.I.S. rules as varied by the GBS and published in the British Artificial Competition Rules (BACR) 2022. This manual is available on **http://www.gbski.com/rules.php.**

Gloves and long sleeved garments must be worn at all times whilst on the slope, including during open practice, course inspection and the race itself. Bibs must be worn at all times when on the slope so the number is visible from both back and front. Access to the slope will be denied if race bib is not worn.

All competitors and forerunners MUST wear a properly fitted and approved safety helmet on the slope throughout the event. This includes the practice session, course inspection and the race itself. Helmets should be compliant with European and British Standards Specification entitled ''Helmets for Alpine Skiers'' (BS/EN 1077/1996). The latest rules on Helmet specification is available at Guidance on Helmet Regulations for BASS and BARTS races - updated Feb 2017

Course Inspection

- *The course must be inspected wearing skis, helmets and gloves. Bibs must be worn as it is your accreditation to be on the slope. No racer is allowed to ski the course during inspection. Course inspection may start at any point on the course and racers must come to a complete stop between each gate when inspecting the course.*
- *Race trainers/coaches who accompany their racers during course inspection only must be authorised and carry the relevant accreditation issued by the race office on the day.*

Ski Preparation

A waxing place will be designated along with a power supply.

Doping Control

Competitors should note that the Dope Control Unit may arrive unannounced at any event and will have the complete co-operation of the organisers of this race. Please ensure you are up to date with the latest regulations.

First Aid

First aid cover will be provided by the the Vikings at the side of the slope near the bottom

Race Officials

Officials will be required to wear a hi-viz jacket showing that you are an official and authorised to have access to the slope; otherwise you will not be allowed to enter the slope.

Please comply with all instructions from the "Slope Patrol" or authorised persons.

Prize giving area will in by the timing hut but please listen to the commentators announcements in case this changes.

Refunds

A partial refund will only be given to racers on production of a medical certificate.

Race Office

The Race Office will be the Race Secretary's address until Friday 2nd June 2023. It will then be located in the "Model Car Club" on Sunday 4th June 2023. For any queries on the day please use the Race secretaries details.

Race Bibs

Race bibs must be removed by the athlete and handed to the official bib collector located at the bottom of the slope, failure to do so will result in a charge of £40.00 for each missing bib.

Protocol /Referee's Report

Protests against the Referee's Report must be made on official forms, which will be available from the race office. The form must be completed and returned to the Race Secretary within the published time limit and accompanied by a fee of £25.

Practice Session

Currently there are no special arrangements for practice on Friday or Saturday prior to the Club National event. Normal procedures and costs apply. Please book normally with the Leisure Park reception.

Awards

Awards for overall 1st, 2nd & 3rd Male & Female racers will be presented.
Also awards for 1st 2nd 3rd male & female in the following age groups:

U10'S	2015 -2016	U12's	2013-2014	U14's	2011- 2012	U16's	2009- 2010
U18's	2007 - 2008	U21's	2004 - 2006	SEN	1995- 2003	MAS	1994 & Earlier

Prize giving area will in by the timing hut but please listen to the commentators announcements in case this changes.

The winners will be expected to show due courtesy to the organisers by attending the prize giving. Those who do not attend without good reason lose their claim to an award.

Photography & Video

Racers who do not wish to be photographed by any accredited photographer must notify the Race Secretary in writing by the end of race registration. Please email the Race Secretary you do not wish to be photographed.

A BBQ will be present on race day, but for Health & Safety reasons no other portable cookers are allowed on the Suffolk Leisure Park grounds, viewing area or grassed picnic areas. Drinks and other refreshments will also be available on the day.

Directions

*Directions to Slope, Post code for **SAT NAV is IP2 8NQ**. No overnight parking or camping as the Leisure Park. Please only park in the designated race car park, and follow the directions of the car park marshals.*

